

HOME PROFILE ORDERS INFORMATION HELP PASSWORD LOGOUT

CYCLE FOUR - DEC 2019/JAN 2020 Orders

CYCLE FOUR - DEC 2019/JAN 2020 - Orders will be accepted between Wednesday November 20th, 2019 & Wednesday November 27th, 2019.

On-Line Order CYCLE FOUR - DEC 2019/JAN 2020		
PANCAKES/FRENCH TOAST/BREAKFAST WRAPS	Monday December 2nd	, 2019
ENTREE		[hide]
PANCAKES (3)	x \$3.75	
- syrup and butter on the side		
PANCAKES (2), BACON AND SCRAMBLED EGG - syrup and butter on the side	x \$5.25	
CINNAMON FRENCH TOAST, BACON AND SCRAMBLED EGG - syrup on the side	x \$5.25	
BREAKFAST WRAP	x \$4.00	
- scrambled eggs, shredded cheese and turkey bacon		
WRAP: WHITE WHOLE WHEAT		
SALADS AND SIDES		[hide]
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip	x \$2.00	
HASHBROWNS CHICKEN CAESAB SALAD ENTREE SIZE		
CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on	x \$4.50	
side		
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	∧ ψ 4 .υυ	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side		
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		[bid-1
BEVERAGE	O . 04.05	[hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
SUBS & SOUP	Tuesday December 3rd	2019
ENTREE		[hide]
HAM AND CHEESE SUB	x \$4.00	
- 6" mayo and mustard on the side		
BUN: WHITE WHOLE WHEAT		
LETTUCE		

- 6" mayo and mustard on the side	
BUN: WHITE WHOLE WHEAT	
LETTUCE	
BLT SUB (TURKEY BACON, LETTUCE AND TOMATO) - 6" mayo and mustard on the side	x \$3.75
BUN: WHITE WHOLE WHEAT	
LETTUCE	
ROAST BEEF AND CHEESE SUB	x \$4.00
- 6" mayo and mustard on the side	
BUN: WHITE WHOLE WHEAT	
LETTUCE	
SIDE OF FRESH TOMATO SLICES	x \$1.00
SIDE OF CUCUMBER SLICES	x \$1.00
MEATBALL SUB	x \$4.25
- 6" sub with meatballs in tomato sauce and mozza cheese	
BUN: WHITE BROWN	
SALADS AND SIDES	[hide]
CHICKEN NOODLE SOUP	x \$3.50
LOADED BAKED POTATO SOUP	x \$3.50
- crackers on the side	λ ψ3.30
VEGGIES AND DIP	x \$2.00
- carrots, celery and snap peas with ranch dip	λ ψ2.00
FRESH FRUIT CUP	x \$3.25
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	Λ ΨΟ.20
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressi	
side	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	
CROUTONS: CROUTONS	
GREEK SALAD - ENTREE SIZE	x \$4.25
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	
BEEF TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	_
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	
CAESAR SALAD	x \$2.50
- with parmesan cheese and croutons dressing on the side	
TOSSED SALAD	x \$2.50
- ranch dressing on the side	
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
TACOS and FAJITAS	Wednesday December 4th, 2019
ENTREE	[hide]
CHICKEN TACO	x \$4.25
- soft taco with mildly seasoned chicken and shredded cheese	_
LETTUCE	
WRAP: WHITE WHOLE WHEAT	
BEEF TACO	x \$4.25
- soft taco with mildly seasoned beef and shredded cheese	
LETTUCE	
WRAP: WHITE WHOLE WHEAT	
VEGETARIAN TACO	x \$4.25
- soft taco with mildly seasoned veggie ground and shredded cheese	
LETTUCE	
WRAP: WHITE WHOLE WHEAT	

BEEF FAJITA	x \$4.50
- soft taco with mildly seasoned beef, shredded cheese and sauted onions and sweet peppers	
LETTUCE	
WRAP: WHITE WHOLE WHEAT	
CHICKEN FAJITA	x \$4.50
- soft taco with mildly seasoned chicken, shredded cheese and sauted onions and sweet peppers	
LETTUCE	
WRAP: WHITE WHOLE WHEAT	
VEGETARIAN FAJITA	x \$4.50
- soft taco with mildly seasoned veggie ground, shredded cheese and sauted onions and sweet peppers	
LETTUCE	
WRAP: WHITE WHOLE WHEAT	
SIDE OF SOUR CREAM	x \$0.75
SIDE OF SALSA	x \$0.75
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SALAD AND SIDES	[hide]
FRESH FRUIT CUP	x \$3.25
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	
VEGGIES AND DIP	x \$2.00
- carrots, celery and snap peas with ranch dip	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	
CROUTONS: CROUTONS	
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing of	
side	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	
CROUTONS: CROUTONS	
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	
GREEK SALAD - ENTREE SIZE	x \$4.25
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	
BEEF TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	Α ΨΤ.30
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	χ ψ4.30
	x \$4.50
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	X \$4.50
	x \$2.50
CAESAR SALAD - with parmesan cheese and croutons dressing on the side	χ φ2.50
	v¢2.50
TOSSED SALAD	x \$2.50
- ranch dressing on the side	
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	x \$2.50
	, , ,
PURE ORANGE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF	x \$2.50 Thursday December 5th, 2019
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PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF	x \$2.50 Thursday December 5th, 2019
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE	x \$2.50 Thursday December 5th, 2019 [hide]
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE	x \$2.50 Thursday December 5th, 2019 [hide]
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE	x \$2.50 Thursday December 5th, 2019 [hide] x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce	x \$2.50 Thursday December 5th, 2019 [hide] x \$5.25 x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce TERIYAKI SHRIMP WITH STEAMED RICE	x \$2.50 Thursday December 5th, 2019 [hide] x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce TERIYAKI SHRIMP WITH STEAMED RICE - grilled shrimp, steamed rice, carrots, broccoli and teriyaki sauce	x \$2.50 Thursday December 5th, 2019 [hide] x \$5.25 x \$5.25 x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce TERIYAKI SHRIMP WITH STEAMED RICE - grilled shrimp, steamed rice, carrots, broccoli and teriyaki sauce GINGER BEEF WITH FRIED RICE	x \$2.50 Thursday December 5th, 2019 [hide] x \$5.25 x \$5.25 x \$5.25 x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce TERIYAKI SHRIMP WITH STEAMED RICE - grilled shrimp, steamed rice, carrots, broccoli and teriyaki sauce GINGER BEEF WITH FRIED RICE SPRING ROLLS (3)	x \$2.50 Thursday December 5th, 2019 [hide] x \$5.25 x \$5.25 x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce TERIYAKI SHRIMP WITH STEAMED RICE - grilled shrimp, steamed rice, carrots, broccoli and teriyaki sauce GINGER BEEF WITH FRIED RICE SPRING ROLLS (3) - plum sauce on the side	x \$2.50 Thursday December 5th, 2019 x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce TERIYAKI SHRIMP WITH STEAMED RICE - grilled shrimp, steamed rice, carrots, broccoli and teriyaki sauce GINGER BEEF WITH FRIED RICE SPRING ROLLS (3)	x \$2.50 Thursday December 5th, 2019 [hide] x \$5.25 x \$5.25 x \$5.25 x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce TERIYAKI SHRIMP WITH STEAMED RICE - grilled shrimp, steamed rice, carrots, broccoli and teriyaki sauce GINGER BEEF WITH FRIED RICE SPRING ROLLS (3) - plum sauce on the side	x \$2.50 Thursday December 5th, 2019 x \$5.25
PURE ORANGE JUICE 300 ML CHICKEN BALLS & TERIYAKI & GINGER BEEF ENTREE CHICKEN BALLS (5) AND FRIED RICE SWEET AND SOUR SAUCE TERIYAKI CHICKEN WITH STEAMED RICE - grilled chicken, steamed rice, carrots, broccoli and teriyaki sauce TERIYAKI SHRIMP WITH STEAMED RICE - grilled shrimp, steamed rice, carrots, broccoli and teriyaki sauce GINGER BEEF WITH FRIED RICE SPRING ROLLS (3) - plum sauce on the side SALADS AND SIDES	x \$2.50 Thursday December 5th, 2019 x \$5.25 high part of the content

- carrots, celery and snap peas with ranch dip		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the	, , ,	
side		
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side		
BEVERAGE	[hide]	
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML		
	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
	Friday December 6th, 2019	
ENTREE	[hide]	
TORTELLINI	x \$5.25	
- four cheese		
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE		
	[hide]	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE	[hide] x \$3.25	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES	x \$3.25	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP	_	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip	x \$3.25 x \$2.00	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP	x \$3.25	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip	x \$3.25 x \$2.00	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the	x \$3.25 x \$2.00 x \$1.75	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side	x \$3.25 x \$2.00 x \$1.75 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE	x \$3.25 x \$2.00 x \$1.75	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	x \$3.25 x \$2.00 x \$1.75 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE	x \$3.25 x \$2.00 x \$1.75 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - tomaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE - SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 02 - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - tomaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream CAESAR SALAD	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP 8 02 - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream CAESAR SALAD with parmesan cheese and croutons dressing on the side	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream CAESAR SALAD - with parmesan cheese and croutons dressing on the side	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned ground beef, cheese choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream CAESAR SALAD with parmesan cheese and croutons dressing on the side TOSSED SALAD ranch dressing on the side	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$2.50 x \$2.50	
SAUCE: CREAM DOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream CAESAR SALAD with parmesan cheese and croutons dressing on the side TOSSED SALAD ranch dressing on the side DESSERT	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$2.50 fide]	
SAUCE: CREAM DOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream CAESAR SALAD with parmesan cheese and croutons dressing on the side TOSSED SALAD ranch dressing on the side DESSERT CHOCOLATE LONG JOHN DONUT	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$2.50 x \$2.50 x \$2.50	
SAUCE: CREAM DOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream CAESAR SALAD with parmesan cheese and croutons dressing on the side TOSSED SALAD ranch dressing on the side DESSERT	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$2.50 fide]	
SAUCE: CREAM DOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream CAESAR SALAD with parmesan cheese and croutons dressing on the side TOSSED SALAD ranch dressing on the side DESSERT CHOCOLATE LONG JOHN DONUT	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$2.50 x \$2.50 x \$2.50	
SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned sessing on the side TOSSED SALAD - ranch dressing on the side - DESSERT CHOCOLATE LONG JOHN DONUT - BEVERAGES	x \$3.25 x \$2.00 x \$1.75 x \$4.50 x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$2.50 x \$2.50 hide]	

WHITE MILK	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
MEATBALLS AND MASHED POTATOES/TURKEY AND MASHED POTATOES/BAKED HAM	Monday December 9th, 2019	
AND HASHBROWN CASSOROLE	Monday December 5th, 2019	
ENTREE	[hide]	
MEATBALLS IN GRAVY WITH MASHED POTATOES	x \$5.25	
TURKEY SCHNITZEL AND MASHED POTATOES	x \$5.25	
- lightly breaded turkey breast		
GRAVY		
BAKED HAM AND CHEESE HASHBROWN CASSEROLE	x \$5.25	
SALAD AND SIDES	[hide]	
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip		
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
 romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing or side 	ı uıe	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	~ × \$4.50	
CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x \$4.50	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	Α Ψ4.30	
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side	,	
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		
BEVERAGE	[hide]	
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
BREAKFAST SANDWICHES	Tuesday December 10th, 2019	
ENTREE		
	[hide]	
EGG, CHEESE AND BACON BUN BUN: WHITE WHOLE WHEAT	x \$4.00	
	~ ¢4 00	
EGG, CHEESE AND SAUSAGE BUN BUN: WHITE WHOLE WHEAT	x \$4.00	
EGG AND CHEESE BUN	x \$3.75	
BUN: WHITE WHOLE WHEAT	λ ψυ. τυ	
BREAKFAST WRAP	x \$4.00	
- scrambled eggs, shredded cheese and turkey bacon		
WRAP: WHITE WHOLE WHEAT		
TEX MEX BREAKFAST WRAP	x \$4.00	
- scrambled eggs, shredded cheese, turkey bacon and salsa	_	
WRAP: WHITE WHOLE WHEAT		
SALADS AND SIDES	[hide]	
HASHBROWNS	x \$2.00	
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		

VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on	n the	
side	x \$4.25	
DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	X \$4.25	
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	λ ψ4.20	
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	_ n vss	
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side		
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		
BEVERAGE	[hide]	
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
WRAPS Wed	dnesday December 11th, 2019	
ENTREE	[hide]	
	_	
BUFFALO CHICKN RANCH WRAP	x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch	_	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE	_	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT	x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP	_	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT	x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side	x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE	x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT	x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES	x \$4.25 x \$4.25 x \$1.00 x \$1.00	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES	x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP	x \$4.25 x \$4.25 x \$1.00 x \$1.00	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce	x \$4.25 x \$4.25 x \$1.00 x \$1.00	
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BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25	
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BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25 x \$4.25 x \$4.25	
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BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25 x \$4.25 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT - SALADS AND SIDES —	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT - SALADS AND SIDES CHICKEN NOODLE SOUP	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25 x \$4.25 x \$4.25 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT - SALADS AND SIDES CHICKEN NOODLE SOUP VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25 x \$4.25 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT - SALADS AND SIDES CHICKEN NOODLE SOUP VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 0z - Fresh assorted fruit in bite size pieces no sugar added	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25 x \$4.25 x \$4.25 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT - SALADS AND SIDES CHICKEN NOODLE SOUP VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - drispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - omaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: OHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: OHITE WHOLE WHEAT - SALADS AND SIDES — CHICKEN NOODLE SOUP VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 02 - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - orispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - tomaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT - SALADS AND SIDES CHICKEN NOODLE SOUP VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on side	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25 x \$4.25	
BUFFALO CHICKN RANCH WRAP - buffalo (mild) chicken, cheddar cheese, bacon and ranch LETTUCE WRAP: WHITE WHOLE WHEAT CLUB WRAP - drispy chicken, cheddar cheese, bacon mayo and mustard on the side LETTUCE WRAP: WHITE WHOLE WHEAT SIDE OF CUCUMBER SLICES SIDE OF FRESH TOMATO SLICES TERIYAKI CHICKEN WRAP - teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce WRAP: WHITE WHOLE WHEAT CHICKEN CAESAR WRAP - omaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken WRAP: WHITE WHOLE WHEAT DONAIR WRAP - cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: WHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: OHITE WHOLE WHEAT GREEK CHICKEN WRAP - seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce WRAP: OHITE WHOLE WHEAT - SALADS AND SIDES — CHICKEN NOODLE SOUP VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 02 - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on	x \$4.25 x \$4.25 x \$1.00 x \$1.00 x \$4.25	

APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	
GREEK SALAD - ENTREE SIZE	x \$4.25
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side BEEF TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	X \$4.50
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	x \$4.50
TOSSED SALAD	x \$2.50
- ranch dressing on the side	χ ψ2.00
CAESAR SALAD	x \$2.50
- with parmesan cheese and croutons dressing on the side	_
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
BURGERS	Thursday December 12th, 2019
ENTREE	[hide]
HAMBURGER	x \$3.75
BUN: WHOLE WHEAT WHITE	
CHEESEBURGER	x \$4.00
BUN: WHITE WHOLE WHEAT	_
BACON CHEESEBURGER	x \$4.25
BUN: WHITE WHOLE WHEAT	
GRILLED CHICKEN BREAST BURGER	x \$5.25
- grilled chicken breast BUN: WHITE WHOLE WHEAT GLUTEN FREE	
LETTUCE TOMATOES	
SALADS AND SIDES	[hide]
FRESH FRUIT CUP	x \$3.25
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	X 40.20
VEGGIES AND DIP	x \$2.00
- carrots, celery and snap peas with ranch dip	
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing	g on the
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	Α Ψ1.20
CROUTONS: CROUTONS	
GREEK SALAD - ENTREE SIZE	x \$4.25
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	Λ Ψ1.50
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	_
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	x \$4.50
CAESAR SALAD	x \$2.50
- with parmesan cheese and croutons dressing on the side	
TOSSED SALAD	x \$2.50
- ranch dressing on the side	
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	
1 5112 / 11 1 2 5 5 1 5 2 5 5 1 1 1 2 5 5 1 5 1	x \$2.50

PEROGIES	Friday De	cember 13t	h, 2019
ENTREE			[hide]
PEROGIES (6) - cheddar cheese and potato		x \$5.25	
PEROGIES (6) and SAUSAGE		x \$6.50	
- cheddar cheese and potato perogies and ham garlic sausage			
SIDE OF SOUR CREAM		x \$0.75	
SIDE OF REAL BACON BITS		x \$1.00	
SALADS AND SIDES			[hide]
FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added		x \$3.25	
VEGGIES AND DIP		x \$2.00	
- carrots, celery and snap peas with ranch dip CHICKEN CAESAR SALAD - ENTREE SIZE		x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on side	the	λ ψτ.συ	
DELUXE GARDEN SALAD - ENTREE SIZE		x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side			
CROUTONS: CROUTONS			
GREEK SALAD - ENTREE SIZE		x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE		x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		λ ψ4.00	
BEEF TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		v ¢4 50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		x \$4.50	
VEGETARIAN TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream			
CAESAR SALAD - with parmesan cheese and croutons dressing on the side		x \$2.50	
TOSSED SALAD		x \$2.50	
- ranch dressing on the side			
DESSERT			[hide]
BROWNIE		x \$2.00	
BEVERAGE			[hide]
BOTTLED WATER 500 ML		x \$1.25	
CHOCOLATE MILK		x \$2.50	
WHITE MILK		x \$2.50	
PURE APPLE JUICE 300 ML		x \$2.50	
PURE ORANGE JUICE 300 ML		x \$2.50	
HOT DOGS AND SMOKIES	Monday Da	combor 164	h 2019
ENTREE	Monday De	cember 101	(hide)
		v ¢0.75	[mde]
JUMBO ALL BEEF HOT DOG BUN: WHITE WHOLE WHEAT		x \$3.75	
JUMBO CHICKEN HOT DOG		x \$3.75	
CHEDDAR CHEESE SMOKIE		x \$4.25	
BUN: WHOTE WHOLE WHEAT		λ ψτ.20	
VEGGIE HOT DOG		x \$4.00	
BUN: WHITE WHOLE WHEAT GLUTEN FREE			
SALADS AND SIDES			[hide]
VEGGIES AND DIP		x \$2.00	
- carrots, celery and snap peas with ranch dip	_		
FRESH FRUIT CUP		x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		v \$4 E0	
 CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on 	the	x \$4.50	
side			
DELUXE GARDEN SALAD - ENTREE SIZE		x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side			

CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		
CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x \$4.50	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side		
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		
BEVERAGE		[hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
SUBS & SOUP	Tuesday December 17th	, 2019
ENTREE		[hide]
HAM AND CHEESE SUB	x \$4.00	
- 6" mayo and mustard on the side		
BUN: WHITE WHOLE WHEAT		
LETTUCE		
TURKEY AND CHEESE SUB	x \$4.00	
- 6" mayo and mustard on the side		
BUN: WHITE WHOLE WHEAT		
	x \$3.75	
BLT SUB (TURKEY BACON, LETTUCE AND TOMATO) - 6" mayo and mustard on the side	X \$3.75	
BUN: WHITE WHOLE WHEAT		
LETTUCE		
ROAST BEEF AND CHEESE SUB	x \$4.00	
- 6" mayo and mustard on the side		
BUN: WHITE WHOLE WHEAT		
LETTUCE	<u> </u>	
SIDE OF FRESH TOMATO SLICES	x \$1.00	
SIDE OF CUCUMBER SLICES	x \$1.00	
SALADS AND SIDES		[hide]
CHICKEN NOODLE SOUP	x \$3.50	
LOADED BAKED POTATO SOUP	x \$3.50	
- crackers on the side		
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip		
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		
CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing	x \$4.50	
side	, . 	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS	_	
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	₩ ₹ ₹4.50	
,,		

VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD - with parmesan cheese and croutons dressing on the side	x \$2.50	
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		
BEVERAGE]	hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
GRILLED CHEESE Wed	Inesday December 18th, 2	019
ENTREE]	hide]
GRILLED CHEESE	x \$3.75	
- texas bread		
BREAD: WHITE WHOLE WHEAT	V \$4.00	
GRILLED CHEESE AND HAM - texas bread	x \$4.00	
BREAD: WHITE WHOLE WHEAT		
SALADS AND SIDES]	hide]
TOMATO SOUP	x \$3.50	
- crackers on the side		
CHICKEN NOODLE SOUP	x \$3.50	
FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added	x \$3.25	
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on side	the	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		
CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x \$4.50	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side	v ¢2 50	
TOSSED SALAD - ranch dressing on the side	x \$2.50	
BEVERAGE]	hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PIZZA Th	nursday December 19th, 2	019
ENTREE		hide]
CHEESE PIZZA	x \$4.50	
- 8" SLICE - PAPA JOHNS - SERVED IN 8" BOX		
PEPPERONI PIZZA 8" SLICE - PAPA JOHNS - SERVED IN 8" BOX	x \$4.75	

HAM AND PINEAPPLE PIZZA	x \$4.75	
- 8" SLICE - PAPA JOHNS - SERVED IN 8" BOX		
VEGGIE PIZZA	x \$4.75	
- 8" SLICE PAPA JOHNS - MUSHROOMS, GREEN PEPPERS AND TOMATOES - SERVED IN 8" BOX		
GLUTEN FREE - CHEESE PIZZA	x \$9.00	
- 8" PAPA JOHNS - SERVED IN 8" BOX	O 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	
GLUTEN FREE HAM AND PINEAPPLE PIZZA - 8" PAPA JOHNS - SERVED IN 8" BOX	x \$9.00	
	O 0 0 0 v	
GLUTEN FREE PEPPERONI PIZZA - 8" PAPA JOHNS - SERVED IN 8" BOX	x \$9.00	
GLUTEN FREE VEGGIE PIZZA	x \$5.50	
- 8" PAPA JOHNS- MUSHROOM, GREEN PEPPER AND TOMATOES - SERVED IN 8" BOX	Α ψΟ.ΟΟ	
DIP - GARLIC	x \$1.00	
DIP - RANCH	x \$1.00	
	x \$1.00	
DIP - BUFFALO		
DIP - CHEEZY CHEDDAR	x \$1.00	
DIP - PIZZA SUACE	x \$1.00	
DIP - BBQ	x \$1.00	
SIDES		[hide]
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip		
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	-	
BEVERAGE		[hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
ENTREE		[hide]
CHICKEN FINGERS (2) AND ROASTED POTATOES		
	x \$5.25	
- sauce on the side		
3 CHICKEN FINGERS (no potatoes)	x \$5.25	
3 CHICKEN FINGERS (no potatoes) - sauces on the side		[hido]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES	x \$5.25	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP		[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip	x \$5.25	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP	x \$5.25	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added	x \$5.25 x \$2.00 x \$3.25	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP	x \$5.25 x \$2.00 x \$3.25 x \$4.50	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE	x \$5.25 x \$2.00 x \$3.25 x \$4.50	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the	x \$5.25 x \$2.00 x \$3.25 x \$4.50	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side	x \$5.25 x \$2.00 x \$3.25 x \$4.50	[hide]
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3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE	x \$5.25 x \$2.00 x \$3.25 x \$4.50	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	x \$5.25 x \$2.00 x \$3.25 x \$4.50 x \$4.25	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side - SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE	x \$5.25 x \$2.00 x \$3.25 x \$4.50 x \$4.25	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	x \$5.25 x \$2.00 x \$3.25 x \$4.50 x \$4.25 x \$4.25 x \$4.50	[hide]
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a CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 02 - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE	x \$5.25 x \$2.00 x \$3.25 x \$4.50 x \$4.25 x \$4.50 x \$4.50 x \$4.50	[hide]
a CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	x \$5.25 x \$2.00 x \$3.25 x \$4.50 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50	[hide]
a CHICKEN FINGERS (no potatoes) - sauces on the side - SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: □ CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream CAESAR SALAD	x \$5.25 x \$2.00 x \$3.25 x \$4.50 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50	[hide]
3 CHICKEN FINGERS (no potatoes) - sauces on the side SALADS AND SIDES VEGGIES AND DIP - carrots, celery and snap peas with ranch dip FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream CAESAR SALAD - with parmesan cheese and croutons dressing on the side	x \$5.25 x \$2.00 x \$3.25 x \$4.50 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50 x \$4.50	[hide]
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BEVERAGE		[hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
WHITE MILK	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
TACOS and FAJITAS	Monday January 6th,	2020
ENTREE		[hide]
CHICKEN TACO	x \$4.25	
- soft taco with mildly seasoned chicken and shredded cheese LETTUCE		
WRAP: WHITE WHOLE WHEAT		
BEEF TACO	x \$4.25	
- soft taco with mildly seasoned beef and shredded cheese LETTUCE		
WRAP: WHITE WHOLE WHEAT		
VEGETARIAN TACO	x \$4.25	
- soft taco with mildly seasoned veggie ground and shredded cheese		
□ LETTUCE WRAP: □ WHITE □ WHOLE WHEAT		
BEEF FAJITA		
- soft taco with mildly seasoned beef, shredded cheese and sauted onions and sweet peppers	x \$4.50	
LETTUCE		
WRAP: WHITE WHOLE WHEAT		
CHICKEN FAJITA	x \$4.50	
- soft taco with mildly seasoned chicken, shredded cheese and sauted onions and sweet peppers LETTUCE WRAP: WHITE WHOLE WHEAT		
VEGETARIAN FAJITA	x \$4.50	
- soft taco with mildly seasoned veggie ground, shredded cheese and sauted onions and sweet peppers	Α ψ4.50	
□ LETTUCE		
WRAP: WHITE WHOLE WHEAT		
SIDE OF SOUR CREAM	x \$0.75	
SIDE OF SALSA	x \$0.75	
SALAD AND SIDES	<u> </u>	[hide]
		[=1
FRESH FRUIT CUP - 8 oz - Fresh assorted fruit in bite size pieces no sugar added	x \$3.25	
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip	Α Ψ2.00	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the	e	
side		
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS		
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, teta cheese Greek Dressing dressing on the side BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	λ ψ-ι.υυ	
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side		
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		
BEVERAGE		[hide]
BOTTLED WATER 500 ML	x \$1.25	

CHOCOLATE MILK		x \$2.50	
WHITE MILK		x \$2.50	
PURE APPLE JUICE 300 ML		x \$2.50	
PURE ORANGE JUICE 300 ML		x \$2.50	
SUBS & SOUP	Tuesday	/ January 7th	ı, 2020
ENTREE			[hide]
HAM AND CHEESE SUB		x \$4.00	
- 6" mayo and mustard on the side		,	
BUN: WHITE WHOLE WHEAT			
LETTUCE			
TURKEY AND CHEESE SUB		x \$4.00	
- 6" mayo and mustard on the side BUN: WHITE WHOLE WHEAT			
LETTUCE			
BLT SUB (TURKEY BACON, LETTUCE AND TOMATO)		x \$3.75	
- 6" mayo and mustard on the side			
BUN: WHITE WHOLE WHEAT			
LETTUCE		04.00	
ROAST BEEF AND CHEESE SUB - 6" mayo and mustard on the side		x \$4.00	
BUN: WHITE WHOLE WHEAT			
LETTUCE			
SIDE OF FRESH TOMATO SLICES		x \$1.00	
SIDE OF CUCUMBER SLICES		x \$1.00	
MEATBALL SUB		x \$4.25	
- 6" sub with meatballs in tomato sauce and mozza cheese			
BUN: WHITE BROWN			
SALADS AND SIDES			[hide]
CHICKEN NOODLE SOUP		x \$3.50	
LOADED BAKED POTATO SOUP		x \$3.50	
- crackers on the side VEGGIES AND DIP		x \$2.00	
- carrots, celery and snap peas with ranch dip		λ φ2.00	
FRESH FRUIT CUP		x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added			
CHICKEN CAESAR SALAD - ENTREE SIZE		x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side	е		
DELUXE GARDEN SALAD - ENTREE SIZE		x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side			
CROUTONS: CROUTONS			
GREEK SALAD - ENTREE SIZE		x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		x \$4.50	
APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		х ф4.50	
BEEF TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream			
CHICKEN TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		m 4 = 5	
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		x \$4.50	
CAESAR SALAD		x \$2.50	
- with parmesan cheese and croutons dressing on the side			
TOSSED SALAD		x \$2.50	
- ranch dressing on the side	_		
BEVERAGE			[hide]
BOTTLED WATER 500 ML		x \$1.25	
CHOCOLATE MILK		x \$2.50	
WHITE MILK		x \$2.50	
PURE APPLE JUICE 300 ML		x \$2.50	
PURE ORANGE JUICE 300 ML		x \$2.50	

WRAPS	Wednesday	January 8th	ո, 2020
ENTREE			[hide]
BUFFALO CHICKN RANCH WRAP		x \$4.25	
buffalo (mild) chicken, cheddar cheese, bacon and ranch			
LETTUCE			
WRAP: WHITE WHOLE WHEAT		v. ¢4.0E	
CLUB WRAP - crispy chicken, cheddar cheese, bacon mayo and mustard on the side		x \$4.25	
LETTUCE			
WRAP: WHITE WHOLE WHEAT			
SIDE OF CUCUMBER SLICES		x \$1.00	
SIDE OF FRESH TOMATO SLICES		x \$1.00	
TERIYAKI CHICKEN WRAP		x \$4.25	
- teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce			
WRAP: WHITE WHOLE WHEAT			
CHICKEN CAESAR WRAP		x \$4.25	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken			
WRAP: WHITE WHOLE WHEAT		v #4 05	
DONAIR WRAP - cheese, donair meat, lettuce and donair sauce		x \$4.25	
- cheese, donair meat, lettuce and donair sauce WRAP: WHITE WHOLE WHEAT			
GREEK CHICKEN WRAP		x \$4.25	
- seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce		¥ 1.20	
WRAP: WHITE WHOLE WHEAT			
SALADS AND SIDES			[hide]
CHICKEN NOODLE SOUP		x \$3.50	
VEGGIES AND DIP		x \$2.00	
- carrots, celery and snap peas with ranch dip		Ţ	
FRESH FRUIT CUP		x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added			
CHICKEN CAESAR SALAD - ENTREE SIZE		x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing	on the		
Side		v ¢4 05	
DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		x \$4.25	
CROUTONS: CROUTONS			
APPLE CHICKEN SALAD - ENTREE SIZE		x \$4.50	
romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		•	
GREEK SALAD - ENTREE SIZE		x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side			
BEEF TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		04.50	
CHICKEN TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		v ¢1 50	
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		x \$4.50	
TOSSED SALAD		x \$2.50	
- ranch dressing on the side			
CAESAR SALAD		x \$2.50	
- with parmesan cheese and croutons dressing on the side			
BEVERAGE			[hide]
BOTTLED WATER 500 ML		x \$1.25	
CHOCOLATE MILK		x \$2.50	
WHITE MILK		x \$2.50	
PURE APPLE JUICE 300 ML		x \$2.50	
PURE ORANGE JUICE 300 ML		x \$2.50	
FUNE ORANGE JUICE 300 MIL		∧ φ∠.3U	
CHICKEN BURGERS	Thursday	January 9th	n, 2020
ENTREE			[hide]
CHICKEN BURGER		x \$3.75	
lightly breaded chicken breast			
BUN: WHITE WHOLE WHEAT			
CHICKEN BURGER with cheese		x \$4.00	
- lightly breaded chicken breast			

BUN: WHITE WHOLE WHEAT			
CHICKEN BURGER with cheese and bacon		x \$4.25	
- lightly breaded chicken breast			
BUN: WHITE WHOLE WHEAT			
GRILLED CHICKEN BREAST BURGER		x \$5.25	
- grilled chicken breast			
BUN: WHITE WHOLE WHEAT GLUTEN FREE LETTUCE TOMATOES			
			[hide]
SALAD AND SIDES			[hide]
HOMEMADE POTATO CHIPS		x \$2.75	
SIDE OF RANCH DIP		x \$0.75	
FRESH FRUIT CUP		x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added			
VEGGIES AND DIP		x \$2.00	
- carrots, celery and snap peas with ranch dip		04.50	
CHICKEN CAESAR SALAD - ENTREE SIZE		x \$4.50	
 romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side 			
DELUXE GARDEN SALAD - ENTREE SIZE		x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		χ ψ 1.20	
CROUTONS: CROUTONS			
GREEK SALAD - ENTREE SIZE		x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side			
APPLE CHICKEN SALAD - ENTREE SIZE		x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side			
BEEF TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream			
CHICKEN TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		04.50	
VEGETARIAN TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		v ¢2 50	
CAESAR SALAD - with parmesan cheese and croutons dressing on the side		x \$2.50	
TOSSED SALAD		x \$2.50	
- ranch dressing on the side		λ ψ2.00	
BEVERAGE			[hide]
BOTTLED WATER 500 ML		x \$1.25	
CHOCOLATE MILK		x \$2.50	
WHITE MILK		x \$2.50	
PURE APPLE JUICE 300 ML		x \$2.50	
PURE ORANGE JUICE 300 ML		x \$2.50	
CHICKEN ALFREDO & CHICKEN PARMESAN	Friday	January 10	th, 2020
ENTREE			[hide]
CHICKEN ALFREDO		x \$5.25	
CHICKEN PARMESAN WITH PASTA AND TOMATO SAUCE		x \$5.25	
SALADS AND SIDES			[hide]
GARLIC TOAST		x \$1.75	
VEGGIES AND DIP - carrots, celery and snap peas with ranch dip		x \$2.00	
FRESH FRUIT CUP		x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		Α ΨΟ.ΖΟ	
CHICKEN CAESAR SALAD - ENTREE SIZE		x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the		,	
side			
DELUXE GARDEN SALAD - ENTREE SIZE		x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	_		
CROUTONS: CROUTONS			
GREEK SALAD - ENTREE SIZE		x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side			
APPLE CHICKEN SALAD - ENTREE SIZE		x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		.	
BEEF TACO SALAD - ENTREE SIZE		x \$4.50	
 lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream 			

CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	_
TOSSED SALAD	x \$2.50
- ranch dressing on the side	
CAESAR SALAD	x \$2.50
- with parmesan cheese and croutons dressing on the side	
DESSERT	[hide]
BROOKIE	x \$2.00
- brownie on the bottom and choc. chip cookie on the top	
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
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