

HOME PROFILE ORDERS INFORMATION HELP PASSWORD LOGOUT

## CYCLE THREE OCT/NOV 2019 Orders

## CYCLE THREE OCT/NOV 2019 - Orders will be accepted between Thursday October 17th, 2019 & Wednesday October 23rd, 2019.

On-Line Order CYCLE THREE OCT/NOV 2019	
CHICKEN AND WAFFLES/PULLED PORK GRILLED CHEESE/CHILI	Monday October 28th, 2019
ENTREE	[hide]
CHICKEN & WAFFLE	x \$5.25
- belguim waffle with crunch chicken bites syprup on the side	_
BBQ PULLED PORK GRILLED CHEESE	x \$4.25
- texas bread	
BREAD: WHITE WHOLE WHEAT	¢4.00
CHILI	x \$4.00
CHILI WITH CHEDDAR CHEESE ON TOP	x \$4.25
SALADS AND SIDES	[hide]
VEGGIES AND DIP	x \$2.00
- carrots, celery and snap peas with ranch dip	
FRESH FRUIT CUP  - 8 oz - Fresh assorted fruit in bite size pieces no sugar added	x \$3.25
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing	
side	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	
CROUTONS: CROUTONS	<u> </u>
GREEK SALAD - ENTREE SIZE	x \$4.25
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	Α Ψ4.30
BEEF TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD	x \$2.50
- with parmesan cheese and croutons dressing on the side	λ ψ2.30
TOSSED SALAD	x \$2.50
- ranch dressing on the side	,
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
SUBS & SOUP	Tuesday October 29th, 2019
ENTREE	[hide]
HAM AND CHEESE SUB	x \$4.00
- 6" mayo and mustard on the side	
BUN: WHITE WHOLE WHEAT	
TURKEY AND CHEESE SUB	x \$4.00
- 6" mayo and mustard on the side	Λ ΨΤ.ΟΟ

BLT SUB (TURKEY BACON, LETTUCE AND TOMATO)	x \$3.75
- 6" mayo and mustard on the side	
BUN: WHITE WHOLE WHEAT	
LETTUCE	_
ROAST BEEF AND CHEESE SUB	x \$4.00
- 6" mayo and mustard on the side	
BUN: WHITE WHOLE WHEAT	
LETTUCE	
SIDE OF FRESH TOMATO SLICES	x \$1.00
SIDE OF CUCUMBER SLICES	x \$1.00
MEATBALL SUB	x \$4.25
- 6" sub with meatballs in tomato sauce and mozza cheese  BUN: WHITE BROWN	
SALADS AND SIDES	[hide]
CHICKEN NOODLE SOUP	x \$3.50
LOADED BAKED POTATO SOUP - crackers on the side	x \$3.50
VEGGIES AND DIP	x \$2.00
- carrots, celery and snap peas with ranch dip	
FRESH FRUIT CUP	x \$3.25
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressiside	U +
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS	Λ ψτ.20
	V \$4.25
GREEK SALAD - ENTREE SIZE	x \$4.25
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	~ × \$4 50
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	
BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	x \$4.50
	~ × \$4 50
CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x \$4.50
	~ × ¢4 50
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	x \$4.50
	x \$2.50
CAESAR SALAD - with parmesan cheese and croutons dressing on the side	χ \$2.50
TOSSED SALAD	x \$2.50
- ranch dressing on the side	X \$2.55
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
CALZONE/BAKED POTATO	Wednesday October 30th, 2019
ENTREE	[hide]
BBQ CHICKEN CALZONE	x \$5.25
PEPPERONI AND SAUSAGE CALZONE	x \$5.25
BAKED POTATO ON THE SIDE: BACON SOUR CREAM	x \$3.25
BAKED POTATO WITH CHILI AND CHEESE	x \$3.50
SALADS AND SIDES	[hide]
VEGGIES AND DIP	x \$2.00
- carrots, celery and snap peas with ranch dip	_
FRESH FRUIT CUP	x \$3.25
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing.	ng on the
side	4.4-
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25

- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		
APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	x \$4.50	
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	v.¢2.50	
CAESAR SALAD - with parmesan cheese and croutons dressing on the side	x \$2.50	
TOSSED SALAD	x \$2.50	
- ranch dressing on the side	Α Ψ2.00	
DESSERT		[hide]
MUD, WORMS AND DIRT PUDDING	x \$2.00	
BEVERAGE		[hide]
BOTTLED WATER 500 ML	x \$1.25	[]
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
TACOS and FAJITAS	Thursday October 31	st, 2019
ENTREE		[hide]
CHICKEN TACO	x \$4.25	
- soft taco with mildly seasoned chicken and shredded cheese  LETTUCE		
WRAP: WHITE WHOLE WHEAT		
BEEF TACO	x \$4.25	
- soft taco with mildly seasoned beef and shredded cheese	Α ΨΤ.23	
LETTUCE		
WRAP: WHITE WHOLE WHEAT		
VEGETARIAN TACO	x \$4.25	
- soft taco with mildly seasoned veggie ground and shredded cheese		
LETTUCE  WRAP: WHITE WHOLE WHEAT		
	~ ¢4 50	
BEEF FAJITA  - soft taco with mildly seasoned beef, shredded cheese and sauted onions and sweet peppers	x \$4.50	
LETTUCE		
WRAP: WHITE WHOLE WHEAT		
CHICKEN FAJITA	x \$4.50	
- soft taco with mildly seasoned chicken, shredded cheese and sauted onions and sweet peppers		
LETTUCE		
WRAP: WHITE WHOLE WHEAT		
VEGETARIAN FAJITA  - soft taco with mildly seasoned veggie ground, shredded cheese and sauted onions and sweet peppers	x \$4.50	
- soit taco with military seasoned veggle ground, shreaded cheese and sauted onlons and sweet peppers  LETTUCE		
WRAP: □ WHITE □ WHOLE WHEAT		
SIDE OF SOUR CREAM	x \$0.75	
SIDE OF SALSA	x \$0.75	
SALAD AND SIDES		[hide]
FRESH FRUIT CUP	x \$3.25	- *
· 8 oz - Fresh assorted fruit in bite size pieces no sugar added	λ ψυ.2υ	
VEGGIES AND DIP	x \$2.00	
carrots, celery and snap peas with ranch dip		
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
<ul> <li>romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing of side</li> </ul>	une inc	

DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		x \$4.25	
CROUTONS: CROUTONS			
APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		x \$4.50	
GREEK SALAD - ENTREE SIZE		x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		v ¢4 50	
BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		x \$4.50	
CHICKEN TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing			
VEGETARIAN TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		00.50	
CAESAR SALAD - with parmesan cheese and croutons dressing on the side		x \$2.50	
TOSSED SALAD		x \$2.50	
- ranch dressing on the side			
BEVERAGE			[hide]
BOTTLED WATER 500 ML		x \$1.25	
CHOCOLATE MILK		x \$2.50	
WHITE MILK		x \$2.50	
PURE APPLE JUICE 300 ML		x \$2.50	
PURE ORANGE JUICE 300 ML		x \$2.50	
CHICKEN FINGERS	Friday No	ovember 1	st, 2019
ENTREE			[hide]
CHICKEN FINGERS (2) AND ROASTED POTATOES		x \$5.25	
- sauce on the side			
3 CHICKEN FINGERS (no potatoes)		x \$5.25	
- sauces on the side SALADS AND SIDES			[hide]
VEGGIES AND DIP		x \$2.00	[mac]
- carrots, celery and snap peas with ranch dip		λ ψ2.00	
FRESH FRUIT CUP		x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added			
CHICKEN CAESAR SALAD - ENTREE SIZE			
		x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the		x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side		·	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the		x \$4.50 x \$4.25	
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- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE		x \$4.25	
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- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: ☐ CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  - ranch dressing on the side  BEVERAGE  BOTTLED WATER 500 ML  CHOCOLATE MILK		x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$2.50 x \$2.50 x \$2.50	[hide]
romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: □ CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  - ranch dressing on the side  BEVERAGE  BOTTLED WATER 500 ML  CHOCOLATE MILK  PURE APPLE JUICE 300 ML		x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$2.50 x \$2.50 x \$2.50 x \$2.50 x \$2.50	[hide]
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: □ CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  - ranch dressing on the side  BEVERAGE  BOTTLED WATER 500 ML  CHOCOLATE MILK  PURE APPLE JUICE 300 ML  WHITE MILK		x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$2.50 x \$2.50 x \$2.50 x \$2.50 x \$2.50 x \$2.50 x \$2.50	[hide]
romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: □ CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  - ranch dressing on the side  BEVERAGE  BOTTLED WATER 500 ML  CHOCOLATE MILK  PURE APPLE JUICE 300 ML		x \$4.25 x \$4.25 x \$4.50 x \$4.50 x \$4.50 x \$2.50 x \$2.50 x \$2.50 x \$2.50 x \$2.50	[hide]

ENTREE		[hide]
BUFFALO CHICKN RANCH WRAP	x \$4.25	
- buffalo (mild) chicken, cheddar cheese, bacon and ranch		
LETTUCE		
WRAP: WHITE WHOLE WHEAT		
CLUB WRAP	x \$4.25	
crispy chicken, cheddar cheese, bacon mayo and mustard on the side		
LETTUCE		
WRAP: WHITE WHOLE WHEAT		
SIDE OF CUCUMBER SLICES	x \$1.00	
SIDE OF FRESH TOMATO SLICES	x \$1.00	
TERIYAKI CHICKEN WRAP	x \$4.25	
teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce  WRAP: WHITE WHOLE WHEAT		
CHICKEN CAESAR WRAP	x \$4.25	
romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken  WRAP: WHITE WHOLE WHEAT		
DONAIR WRAP	x \$4.25	
cheese, donair meat, lettuce and donair sauce	Α Ψ4.20	
WRAP: WHITE WHOLE WHEAT		
GREEK CHICKEN WRAP	x \$4.25	
seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce		
WRAP: WHITE WHOLE WHEAT		
SALADS AND SIDES		[hide]
CHICKEN NOODLE SOUP	x \$3.50	
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip	Α Ψ2.00	
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing	g on the	
side	_	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
· lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS		
APPLE CHICKEN SALAD - ENTREE SIZE  romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	x \$4.50	
GREEK SALAD - ENTREE SIZE	x \$4.25	
romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	Λ ψ4.23	
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	χ ψ1.00	
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	, ,	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
TOSSED SALAD	x \$2.50	
ranch dressing on the side		
CAESAR SALAD	x \$2.50	
with parmesan cheese and croutons dressing on the side		
BEVERAGE		[hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
SUBS & SOUP	Tuesday November 5	ith. 2019
	raceday November 3	
ENTREE		[hide]
HAM AND CHEESE SUB	x \$4.00	
- 6" mayo and mustard on the side  BUN: WHITE WHOLE WHEAT		
LETTUCE		
	x \$4.00	
TURKEY AND CHEESE SUB  - 6" mayo and mustard on the side	x φ4.00	

BUN: WHITE WHOLE WHEAT			
LETTUCE	_		
BLT SUB (TURKEY BACON, LETTUCE AND TOMATO)		x \$3.75	
- 6" mayo and mustard on the side  BUN: WHITE WHOLE WHEAT			
LETTUCE			
ROAST BEEF AND CHEESE SUB		x \$4.00	
- 6" mayo and mustard on the side		,	
BUN: WHITE WHOLE WHEAT			
LETTUCE			
SIDE OF FRESH TOMATO SLICES		x \$1.00	
SIDE OF CUCUMBER SLICES		x \$1.00	
MEATBALL SUB		x \$4.25	
- 6" sub with meatballs in tomato sauce and mozza cheese			
BUN: WHITE BROWN			
SALADS AND SIDES			[hide]
CHICKEN NOODLE SOUP		x \$3.50	
LOADED BAKED POTATO SOUP		x \$3.50	
- crackers on the side			
VEGGIES AND DIP		x \$2.00	
- carrots, celery and snap peas with ranch dip	_	00.5=	
FRESH FRUIT CUP		x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		v #4.50	
CHICKEN CAESAR SALAD - ENTREE SIZE  - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing	on the	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cneese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing side	y OII UIC		
DELUXE GARDEN SALAD - ENTREE SIZE		x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side			
CROUTONS: CROUTONS			
GREEK SALAD - ENTREE SIZE		x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side			
APPLE CHICKEN SALAD - ENTREE SIZE		x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	_		
BEEF TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		0.4.50	
CHICKEN TACO SALAD - ENTREE SIZE		x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		v ¢4 50	
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		x \$4.50	
CAESAR SALAD		x \$2.50	
- with parmesan cheese and croutons dressing on the side		λ ψ2.00	
TOSSED SALAD		x \$2.50	
- ranch dressing on the side		, = . 3 0	
BEVERAGE			[hide]
BOTTLED WATER 500 ML		x \$1.25	-
CHOCOLATE MILK		x \$2.50	
WHITE MILK		x \$2.50	
PURE APPLE JUICE 300 ML		x \$2.50	
PURE ORANGE JUICE 300 ML		x \$2.50	
MEATBALLS AND MASHED POTATOES/TURKEY AND MASHED POTATOES/BAKED HAM AND HASHBROWN CASSOROLE	Wednesday N	lovember 6t	h, 2019
ENTREE			[hide]
MEATBALLS IN GRAVY WITH MASHED POTATOES		x \$5.25	
TURKEY SCHNITZEL AND MASHED POTATOES		x \$5.25	
lightly breaded turkey breast			
GRAVY			
BAKED HAM AND CHEESE HASHBROWN CASSEROLE		x \$5.25	
SALAD AND SIDES			[hide]
VEGGIES AND DIP		x \$2.00	
- carrots, celery and snap peas with ranch dip		<del></del>	
FRESH FRUIT CUP		x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		•	
CHICKEN CAESAR SALAD - ENTREE SIZE		x \$4.50	

BOTTLED WATER 500 ML	As shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  UTONS  ENTREE SIZE Comatoes, cucumbers, feta cheese Greek Dressing dressing on the side  SALAD - ENTREE SIZE Comatoes, cucumbers, feta cheese Greek Dressing dressing on the side  SALAD - ENTREE SIZE
-lettuce, whoded carrots, shrotded chodder choese, quoumbers, belay towastoes Choice of dressing on the side CROUTONS COUTONS	As shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  UTONS  ENTREE SIZE Comatoes, cucumbers, feta cheese Greek Dressing dressing on the side  SALAD - ENTREE SIZE Comatoes, cucumbers, feta cheese Greek Dressing dressing on the side  SALAD - ENTREE SIZE  AS 4.50  AD - ENTREE SIZE  AS 4.50  AD - ENTREE SIZE  BALAD - ENTREE SIZE
GREEK SALAD - ENTREE SIZE	ENTREE SIZE  contations, outcombers, feta cheese Greek Dressing dressing on the side  SALAD - ENTREE SIZE  so, outcombers, fieta cheese, bacon bits and roasted chicken dressing on the side  ND - ENTREE SIZE  so, sucumbers, fieta cheese, bacon bits and roasted chicken dressing on the side  ND - ENTREE SIZE  so, seasoned ground beef, cheese - choice of salas and sour cream or ranch dressing  SO SALAD - ENTREE SIZE  so, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  SO SALAD - ENTREE SIZE  so, seasoned weggie ground, cheese - choice of salas and sour cream  ALAD - ENTREE SIZE  so, seasoned weggie ground, cheese - choice of salas and sour cream  SO SALAD - ENTREE SIZE  so SALAD - ENTREE SIZE  so SALAD - ENTREE SIZE  Thirdel
APPLE CHICKEN SALAD - ENTREE SIZE -tomaine Muttoo, apples, bucumbers, felt othereise Greek Diressing diressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE -tomaine Muttoo, apples, bucumbers, field carbernes, felts cheese, bezon bits and roasted chicken diressing on the side  BEEF TACO SALAD - ENTREE SIZE -tomaine Muttoo, apples, bucumbers, field chicken, cheese - choice of sales and sour cream  CHICKEN TACO SALAD - ENTREE SIZE -telluce, whole grind ribbs, seasoned requires, fields and sour cream or ranch diressing  VEGETARIAN TACO SALAD - ENTREE SIZE -telluce, whole grain dips, seasoned vegigle ground, chreese - choice of sales and sour cream or ranch diressing  VEGETARIAN TACO SALAD - ENTREE SIZE -telluce, whole grain dips, seasoned vegigle ground, chreese - choice of sales and sour cream or ranch diressing  VEGETARIAN TACO SALAD - ENTREE SIZE -telluce, whole grain dips, seasoned vegigle ground, chreese - choice of sales and sour cream or ranch diressing  VEGETARIAN TACO SALAD - ENTREE SIZE -telluce, whole grain dips, seasoned vegigle ground, chreese - choice of sales and sour cream or ranch diressing  VEGETARIAN TACO SALAD - ENTREE SIZE -telluce, whole grain dips, seasoned vegigle ground, chreese - choice of sales and sour cream or ranch diressing  VEGETARIAN TACO SALAD - ENTREE SIZE -telluce, whole grain the sale -telluce vegicles and the sale sale sale sale sale sale sale sal	comatoes, cucumbers, feta cheese Greek Dressing dressing on the side  SALAD - ENTREE SIZE  x \$4.50
APPLE CHICKEN SALAD - ENTREE SIZE  combarte lettuce, spotes, cocumitate, direct catherries, fiets chieses, bason bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  childrow, whole grain chips, seasoned ground beef, chieses - choice of sales and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  childrow, whole grain chips, seasoned diverse, choice of sales and sour cream or ranch dressing  VSEGETARIAN TACO SALAD - ENTREE SIZE  childrow, whole grain chips, seasoned veggle ground, chieses - choice of sales and sour cream or ranch dressing  VSEGETARIAN TACO SALAD - ENTREE SIZE  childrow, whole grain chips, seasoned veggle ground, chieses - choice of sales and sour cream  CAESAR SALAD  visit parties on the side  VSECETARIAN TACO SALAD - ENTREE SIZE  childrow, whole grain chips, seasoned veggle ground, chieses - choice of sales and sour cream  CAESAR SALAD  visit parties on the side  VSECETARIAN TACO SALAD - ENTREE SIZE  childrow, whole grain chips, seasoned veggle ground, chieses - choice of sales and sour cream  CAESAR SALAD  visit parties on the side  VSECETARIAN TACO SALAD - ENTREE SIZE  present FRUIT CUP  vSECETARIAN TACO SALAD - ENTREE SIZE  childrow, ship grain the side  vSECETARIAN TACO SALAD - ENTREE SIZE  childrow, ship grain the side  vSECETARIAN TACO SALAD - ENTREE SIZE  childrow, ship grain the side  vSECETARIAN TACO SALAD - ENTREE SIZE  childrow, ship grain grains and childrow for sales and sour cream or ranch dressing on the side  CHILDROW, TACO SALAD - ENTREE SIZE  childrow, ship grain ship, seasoned device, choice of sales and sour cream or ranch dressing on the side  CHILDROW, TACO SALAD - ENTREE SIZE  childrow, ship grain chips, seasoned device, choice of sales and sour cream or ranch dressing  vSECETARIAN TACO SALAD - ENTREE SIZE  childrow, ship grain chips, seasoned childrow, choices - choice of sales and sour cream or ranch dressing  vSECETARIAN TACO SALAD - ENTREE SIZE  childrow, ship grain chips, seasoned childrow, choices - choice of sales and sour cream or ranch dressi	SALAD - ENTREE SIZE  , cucumbers, dried camberies, leta cheese, bacon bits and roasted chicken dressing on the side  AD - ENTREE SIZE  ps. seasoned ground beef, cheese - choice of salas and sour cream  FALAD - ENTREE SIZE  ps. seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  FOO SALAD - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salas and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salas and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  AS - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  ps. seasoned veggle ground, cheese - choice of salsa and sour cream  ps. seasoned cheese - choice of salsa and sour cream  ps. seasoned cheese - choice of salsa and sour cream  ps. season
EVERTED HILLS apples, outcombers, oried cambernes, first cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE I-lettuce, white grain chips, seasoned ground beef, cheese - choice of sales and sour cream CHICKEN TACO SALAD - ENTREE SIZE I-lettuce, white grain chips, seasoned ground beef, cheese - choice of sales and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE I-lettuce, white grain chips, seasoned ground, cheese - choice of sales and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE I-lettuce, white grain chips, seasoned ground, cheese - choice of sales and sour cream CAESAR SALAD INDIPED INTERESTICE  CAESAR SALAD INDIPED INTERESTICE  BOTTLED WATER 500 ML INDIPED INTERESTICE BOTTLED WATER 500 ML INDIPED INTERESTICE BOTTLED WATER 500 ML INDIPED INTERESTICE BOTTLED WATER 500 ML INDIPED INTERESTICE BOTTLED WATER 500 ML INDIPED INTERESTICE INDIPED	s, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  AD - ENTREE SIZE  [IX \$4.50]  IX \$4.25
BEEF TACO SALAD - ENTREE SIZE    ** \$4.50	AD - ENTREE SIZE  ps. seasoned ground beef, cheese - choice of salas and sour cream  ALAD - ENTREE SIZE  ps. seasoned dricken, cheese - choice of salas and sour cream or ranch dressing  CO SALAD - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salas and sour cream or ranch dressing  CO SALAD - ENTREE SIZE  ps. seasoned veggle ground, cheese - choice of salas and sour cream  A \$2.50  and croutons dressing on the side  Inide  St 500 ML  X \$1.25  X \$2.50  X \$2.50  X \$2.50  X \$2.50  CE 300 ML  X \$2.50  X \$4.50  CE 300 ML  X \$4.25
Lettuce, whole grain chips, seasoned ground beef, cheese - choice of salais and sour cream  ChicKEN TACO SALAD - ENTREE SIZE  Introc., whole grain chips, seasoned dicken, cheese - choice of salais and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  Introc., whole grain chips, seasoned dicken, cheese - choice of salais and sour cream or ranch dressing  CAESAR SALAD  X \$2.50  CAESAR SALAD  X \$2.50  CAESAR SALAD  INTROSED SALA	ips, seasoned ground beef, cheese - choice of salas and sour cream  IALAD - ENTREE SIZE  ps, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  CO SALAD - ENTREE SIZE  ps, seasoned veggie ground, cheese - choice of salas and sour cream  x \$4.50  ps, seasoned veggie ground, cheese - choice of salas and sour cream  x \$2.50  and croutons dressing on the side  x \$2.50  and croutons dressing on the side  x \$2.50  Thursday November 7th, 2019  [hide]  Thursday November 7th, 2019  [hide]  x \$5.25  Tomato Butter and Parmesan Cheese  P
CHICKEN TACO SALAD - ENTREE SIZE  Isluidous, wholie grain drips, sessoried chuken, clieses - choice of sales and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  Isluidous, whole grain chips, seasoned veggle ground, cheese - choice of sales and sour cream  CAESAR SALAD  A \$2.50  Indicate, whole grain chips, seasoned veggle ground, cheese - choice of sales and sour cream  CAESAR SALAD  Indicate the sale of	ps, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  DO SALAD - ENTREE SIZE ps, seasoned veggle ground, cheese - choice of salsa and sour cream  x \$4.50  ps, seasoned veggle ground, cheese - choice of salsa and sour cream  x \$2.50  and croutons dressing on the side  x \$2.50  side  [hide]  8 500 ML
V\$CECTARIAN TACO SALAD - ENTREE SIZE  V\$4.50  VEGETARIAN TACO SALAD - ENTREE SIZE  V\$4.50  VEGETARIAN TACO SALAD - ENTREE SIZE  V\$4.50  VEGETARIAN TACO SALAD - ENTREE SIZE  V\$4.50  V\$2.50  V\$3.25  V\$2.50  V\$3.25  V	ips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  CO SALAD - ENTREE SIZE  ps, seasoned veggle ground, cheese - choice of salsa and sour cream    x \$4.50
VEGETARIAN TACO SALAD - ENTREE SIZE  Leiture, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD  A \$2.50  A \$2.50  A \$2.50  - with parmeaan cheese and croulons dressing on the side  TOSSED SALAD  - manch dressing on the side  BEVERAGE -  BE BOTTLED WATER 500 ML  CHOCOLATE MILK  A \$2.50  CHOCOLATE MILK  WHITE MILK  WHITE MILK  WHITE MILK  PURE APPLE JUICE 300 ML  PURE ORANGE JUICE 300 ML  *** \$2.50  ***  ***  ***  ***  ***  ***  ***	ps, seasoned veggle ground, cheese - choice of salsa and sour cream    x \$2.50
- lettuce, whole grain chips, seasoned veggie ground, choese - choice of salsa and sour dream  CAESAR SALAD  with parmean choese and croutons dressing on the side  TOSSED SALAD  with parmean choese and croutons dressing on the side  TOSSED SALAD  \$2.50	ips, seasoned veggie ground, cheese - choice of salsa and sour cream  x \$2.50  and croutons dressing on the side  x \$2.50  side  [hide]  8 500 ML  X \$1.25  X \$2.50  X \$2.50  X \$2.50  X \$2.50  X \$2.50  CE 300 ML  W \$2.50  CE 300 ML  W \$2.50  CE 300 ML  W \$2.50  Thursday November 7th, 2019  [hide]  x \$5.25  Tomato Butter and parmesan cheese  IDES  P  X \$3.25  P  Intit in bite size pieces no sugar added  P  Intit in bite size pieces no sugar added  P  Intit in bite size pieces no sugar added  P  Intit in peas with ranch dip  X \$1.75  X \$4.50  R SALAD - ENTREE SIZE  X \$4.50  Its shredded cheddar cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side
CAESAR SALAD	and croutons dressing on the side  x \$2.50  side  [hide]  R 500 ML  K  x \$1.25  X \$2.50  X \$2
TOSSED SALAD	x \$2.50
TORTELLINI  TORTELLINI  TORTELLINI  SALADS AND SIDES —  FRESH FRUIT CUP  SALADS AND SIDES —  FRESH FRUIT CUP  SOLIC CHORN AS ALAD - ENTREE SIZE  CORICUTONS  CORICUTONS  CORRECT SIDES ALAD - ENTREE SIZE  Include Capture Size Capture Size Could be size picese, cucumbers, beta cheese, bacon bits and roasted chicken dressing on the side  CREEK SALAD - ENTREE SIZE  Tormaine lettuce, paber, cucumbers, dried camberries, feta cheese or choice of salas and sour cream  CHICKEN SALAD - ENTREE SIZE  Tormaine lettuce, applies, cucumbers, feta cheese or choice of salas and sour cream  CHICKEN SALAD - ENTREE SIZE  Tormaine lettuce, applies, cucumbers, feta cheese or choice of salas and sour cream  CHICKEN SALAD - ENTREE SIZE  Tormaine lettuce, applies, cucumbers, feta cheese or choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  Tormaine lettuce, applies, cucumbers, dried camberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  Tormaine lettuce, applies, cucumbers, dried camberries, feta cheese, bacon bits and roasted chicken dressing on the side  CHICKEN TACO SALAD - ENTREE SIZE  Tormaine lettuce, applies, cucumbers, dried camberries, feta cheese, bacon bits and roasted chicken dressing on the side  CHICKEN TACO SALAD - ENTREE SIZE  Tormaine lettuce, applies, cucumbers, dried camberries, feta cheese, bacon bits and roasted chicken dressing on the side  CHICKEN TACO SALAD - ENTREE SIZE  Lettuce, whole grain chips, seasoned dround beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  Lettuce, whole grain chips, seasoned vegue ground, cheese - choice of salas and sour cream  CAESAR SALAD  Lettuce, whole grain chips, seasoned vegue ground, cheese - choice of salas and sour cream  CAESAR SALAD  Lettuce, whole grain chips, seasoned vegue ground, cheese - choice of salas and sour cream  CAESAR SALAD  Lettuce, whole grain chips, seasoned vegue ground, cheese - choice of salas and sour cream  CAESAR SALAD  Lettuce, whole grain chips, seasoned	R 500 ML
BOTTLED WATER 500 ML	E 500 ML  K   X \$1.25  K  X \$2.50  X \$2.50  X \$2.50  UICE 300 ML  X \$2.50  Thursday November 7th, 2019  [hide]  X \$5.25  TOMATO BUTTER AND PARMESAN CHEESE  IDES -  P  X \$3.25  Inti in bite size pieces no sugar added  P  X \$3.25  Inti in bite size pieces no sugar added  P  X \$3.25  Inti in bite size pieces no sugar added  P  X \$2.00  Inti peas with ranch dip  X \$1.75  X \$4.50  Interesting, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the  IN SALAD - ENTREE SIZE  Inti SALAD - ENTREE SIZE
BOTTLED WATER 500 ML	E \$00 ML
CHOCOLATE MILK  WHITE MILK  WHITE MILK  X \$2.50  WHITE MILK  X \$2.50  PURE APPLE JUICE 300 ML  X \$2.50  TORTELLINI  ENTREE  TORTELLINI  SUBJECT OF TORTEL OF TO	K
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	Thursday November 7th, 2019  Thursday November 7th, 2019  [hide]  x \$5.25  TOMATO BUTTER AND PARMESAN CHEESE  IDES [hide]  P
TORTELLINI - ENTREE TORTELLINI - COURT CREAM TOMATO BUTTER AND PARMESAN CHEESE - SALADS AND SIDES FRESH FRUIT CUP - Carrols, celery and snap peas with ranch dip GARALIC TOAST CHICKEN CAESAR SALAD - ENTREE SIZE - Retuce, shredded carrols, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes cucumbers, feta cheese Greek Dressing on the side  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes cucumbers, feta cheese Greek Dressing on the side  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes cucumbers, feta cheese Greek Dressing on the side  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes cucumbers, feta cheese Greek Dressing on the side  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes cucumbers, feta cheese Greek Dressing on the side  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes cucumbers, feta cheese of selas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD - with parmeans cheese and croutons dressing on the side  TOSSED SALAD	Thursday November 7th, 2019  [hide]  x \$5.25  TOMATO BUTTER AND PARMESAN CHEESE  IDES  P  x \$3.25  Tuit in bite size pieces no sugar added  P  p peas with ranch dip  x \$1.75  R SALAD - ENTREE SIZE  r dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the  I SALAD - ENTREE SIZE  Its, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
PURE ORANGE JUICE 300 ML	Thursday November 7th, 2019  [hide]  x \$5.25  TOMATO BUTTER AND PARMESAN CHEESE  IDES  P  x \$3.25  Tuit in bite size pieces no sugar added  P  p peas with ranch dip  x \$1.75  R SALAD - ENTREE SIZE  r dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the  I SALAD - ENTREE SIZE  Its, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
TORTELLINI -ENTREE - TORTELLINI -four cheese SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE -SALADS AND SIDES - FRESH FRUIT CUP -8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP -0 arrots, celery and snap peas with ranch dip GARLIC TOAST -7 chicken CAESAR SALAD - ENTREE SIZE -7 comaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE -8 teltuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS -8 creaming lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side CROUTONS: SALAD - ENTREE SIZE -7 comaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE -7 comaine lettuce, paples, cucumbers, dried camberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE -1 lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE -1 lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE -1 lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE -1 lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE -1 lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream CAESAR SALAD -With parmesan cheese and croutons dressing on the side TOSSED SALAD - With parmesan cheese and croutons dressing on the side	Thursday November 7th, 2019  [hide]  x \$5.25  TOMATO BUTTER AND PARMESAN CHEESE  IDES  P  x \$3.25  Tuit in bite size pieces no sugar added  p  x \$2.00  p peas with ranch dip  x \$1.75  R SALAD - ENTREE SIZE  r dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the  I SALAD - ENTREE SIZE  Its, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
TORTELLINI	TOMATO BUTTER AND PARMESAN CHEESE  BIDES  P  Truit in bite size pieces no sugar added  P  Tomato X \$3.25  Truit in bite size pieces no sugar added  P  Tomato X \$3.25  Truit in bite size pieces no sugar added  P  Tomato X \$3.25  Truit in bite size pieces no sugar added  Tomato X \$3.25  Truit in bite size pieces no sugar added  Tomato X \$4.20  Tomato X \$4.50  Tomato X \$4.50  Tomato X \$4.25
TORTELLINI	TOMATO BUTTER AND PARMESAN CHEESE  IDES  P  Truit in bite size pieces no sugar added  P  Type peas with ranch dip  Type SALAD - ENTREE SIZE
-four cheese SAUCE: CREAM TOMATO BUTTER AND PARMESAN CHEESE SALADS AND SIDES FRESH FRUIT CUP 8 oz - Fresh assorted fruit in bite size pieces no sugar added VEGGIES AND DIP - carrots, celery and snap peas with ranch dip GARLIC TOAST Tomaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side DELUXE GARDEN SALAD - ENTREE SIZE Iettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS GREEK SALAD - ENTREE SIZE romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side APPLE CHICKEN SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, died camberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, died camberries, feta cheese, bacon bits and roasted chicken dressing on the side BEEF TACO SALAD - ENTREE SIZE romaine lettuce, apples, cucumbers, died camberries, feta cheese of reals and sour cream CHICKEN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream CHICKEN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing VEGETARIAN TACO SALAD - ENTREE SIZE lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream CAESAR SALAD with parmesan cheese and croutons dressing on the side TOSSED SALAD with parmesan cheese and croutons dressing on the side	TOMATO BUTTER AND PARMESAN CHEESE  IDES  P  X \$3.25  ruit in bite size pieces no sugar added  P  X \$2.00  p peas with ranch dip  X \$1.75  R SALAD - ENTREE SIZE  r dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the  I SALAD - ENTREE SIZE  X \$4.25  bits, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
SALOE: CREAM TOMATO BUTTER AND PARMESAN CHEESE  - SALADS AND SIDES  FRESH FRUIT CUP  - 8 oz - Fresh assorted fruit in bite size pieces no sugar added  VEGGIES AND DIP  - carrots, celery and snap peas with ranch dip  GARLIC TOAST  CHICKEN CAESAR SALAD - ENTREE SIZE  - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  - romaine lettuce, shriedded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - romaine lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned dricken, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD	P
FRESH FRUIT CUP  - 8 oz - Fresh assorted fruit in bite size pieces no sugar added  VEGGIES AND DIP  - carrots, celery and snap peas with ranch dip  GARLIC TOAST  CHICKEN CAESAR SALAD - ENTREE SIZE  - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS:  CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned dricken, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  TOSSED SALAD  TOSSED SALAD	P
FRESH FRUIT CUP	ruit in bite size pieces no sugar added  P  x \$3.25  x \$2.00  p peas with ranch dip  x \$1.75  R SALAD - ENTREE SIZE  r dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the  I SALAD - ENTREE SIZE  x \$4.25  bits, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
VEGGIES AND DIP  carrots, celery and snap peas with ranch dip  GARLIC TOAST  CHICKEN CAESAR SALAD - ENTREE SIZE  romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  rettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS:  GREEK SALAD - ENTREE SIZE  romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  romaine lettuce, apples, cucumbers, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  rettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$2.50	ruit in bite size pieces no sugar added  P
- carrots, celery and snap peas with ranch dip  GARLIC TOAST  CHICKEN CAESAR SALAD - ENTREE SIZE  - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS:  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD   x \$2.50	p peas with ranch dip  x \$1.75  R SALAD - ENTREE SIZE  x \$4.50  x \$4.50  I SALAD - ENTREE SIZE  x \$4.25  Its, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
GARLIC TOAST  CHICKEN CAESAR SALAD - ENTREE SIZE  romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS  GREEK SALAD - ENTREE SIZE  romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$2.50	x \$1.75  R SALAD - ENTREE SIZE  x \$4.50  I SALAD - ENTREE SIZE  x \$4.50  x \$4.25  Its, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
CHICKEN CAESAR SALAD - ENTREE SIZE  - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE  - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS:  CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  X \$4.50	R SALAD - ENTREE SIZE  x \$4.50  x \$4.50  x \$4.25  x \$4.25
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the side  DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  X \$2.50	r dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the  SALAD - ENTREE SIZE  bits, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
DELUXE GARDEN SALAD - ENTREE SIZE - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  X \$4.25	N SALAD - ENTREE SIZE  ots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
DELUXE GARDEN SALAD - ENTREE SIZE  - lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$4.50	ots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: □ CROUTONS  GREEK SALAD - ENTREE SIZE	ots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side
GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  Lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  Lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  Lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  X \$4.50	
GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$4.50	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  X \$2.50	ENTREE SIZE x \$4 25
APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD   x \$4.50  x \$4.50  x \$2.50	
BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - Lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salas and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$4.50  x \$4.50  x \$2.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$2.50	s, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side
CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$4.50  x \$2.50	AD - ENTREE SIZE x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$2.50	
VEGETARIAN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$2.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream  CAESAR SALAD  - with parmesan cheese and croutons dressing on the side  TOSSED SALAD  x \$2.50	
CAESAR SALAD	
- with parmesan cheese and croutons dressing on the side  TOSSED SALAD	
TOSSED SALAD x \$2.50	
DESSERT [hic	[hide]
OREO DONUT x \$2.00	x \$2.00
CHOCOLATE MILK x \$2.50	
WHITE MILK x \$2.50	
	UICE 300 ML

PURE APPLE JUICE 300 ML		x \$2.50	
WRAPS & POUTINE & FRIES	Friday N	ovember 8t	h, 2019
ENTREE			[hide]
CHICKEN CAESAR WRAP		x \$4.25	
romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken  WRAP: WHITE WHOLE WHEAT			
TURKEY BACON RANCH WRAP		x \$4.25	
cheese, turkey, bacon and ranch  WRAP: WHITE WHOLE WHEAT			
Lettuce			
POUTINE		x \$4.50	
fries real cheese curds and gravy		60.05	
FRENCH FRIES		x \$3.25	
SIDE OF FRESH TOMATO SLICES		x \$1.00	
SIDE OF CUCUMBER SLICES		x \$1.00	
SALADS AND SIDES			[hide]
VEGGIES AND DIP		x \$2.00	
carrots, celery and snap peas with ranch dip		v 60.05	
FRESH FRUIT CUP 8 oz - Fresh assorted fruit in bite size pieces no sugar added		x \$3.25	
8 oz - Fresh assorted truit in bite size pieces no sugar added CHICKEN CAESAR SALAD - ENTREE SIZE		x \$4.50	
romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on t side	he	λ ψτ.50	
DELUXE GARDEN SALAD - ENTREE SIZE		x \$4.25	
lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side			
CROUTONS: CROUTONS			
GREEK SALAD - ENTREE SIZE		x \$4.25	
romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		v ¢4 50	
APPLE CHICKEN SALAD - ENTREE SIZE  romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		x \$4.50	
BEEF TACO SALAD - ENTREE SIZE		x \$4.50	
lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		λ ψπ.ου	
CHICKEN TACO SALAD - ENTREE SIZE		x \$4.50	
lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	_		
VEGETARIAN TACO SALAD - ENTREE SIZE		x \$4.50	
lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		00.50	
CAESAR SALAD		x \$2.50	
· with parmesan cheese and croutons dressing on the side  TOSSED SALAD		x \$2.50	
ranch dressing on the side		Λ ΨΖ.ΟΟ	
BEVERAGE			[hide]
BOTTLED WATER 500 ML		x \$1.25	
CHOCOLATE MILK		x \$2.50	
WHITE MILK		x \$2.50	
PURE APPLE JUICE 300 ML		x \$2.50 x \$2.50	
PURE ORANGE JUICE 300 ML		x \$2.50 x \$2.50	
PURE ORANGE JUICE 300 ML		X \$2.50	
BREAKFAST SANDWICHES N	londay No	vember 18t	h, 2019
ENTREE			[hide]
EGG, CHEESE AND BACON BUN BUN: WHITE WHOLE WHEAT		x \$4.00	
EGG, CHEESE AND SAUSAGE BUN BUN: WHITE WHOLE WHEAT		x \$4.00	
EGG AND CHEESE BUN		x \$3.75	
BUN: WHITE WHOLE WHEAT	_		
BREAKFAST WRAP		x \$4.00	
scrambled eggs, shredded cheese and turkey bacon  WRAP: WHITE WHOLE WHEAT			
TEX MEX BREAKFAST WRAP		x \$4.00	
- scrambled eggs, shredded cheese, turkey bacon and salsa		∧ ψ <del>4</del> .∪∪	
WRAP: WHOLE WHEAT			

SALADS AND SIDES		[hide]
HASHBROWNS	x \$2.00	
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing side	on the	
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	_	
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	x \$4.50	
- lettuce, whole grain chips, seasoned ground beet, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	∧ φ4.50	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side	_	
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		
DESSERT		[hide]
BROWNIE	x \$2.00	
BEVERAGE		[hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
HOT DOGS AND SMOKIES	Tuesday November 19	th, 2019
ENTREE		[hide]
JUMBO ALL BEEF HOT DOG	x \$3.75	
BUN: WHITE WHOLE WHEAT		
JUMBO CHICKEN HOT DOG	x \$3.75	
CHEDDAR CHEESE SMOKIE	x \$4.25	
BUN: WHITE WHOLE WHEAT		
VEGGIE HOT DOG	x \$4.00	
BUN: WHITE WHOLE WHEAT GLUTEN FREE		FI
SALADS AND SIDES		[hide]
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip		
FRESH FRUIT CUP  - 8 oz - Fresh assorted fruit in bite size pieces no sugar added	x \$3.25	
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing		
side		
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	<u>—</u>	
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side		
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side		
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream		
CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x \$4.50	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	

- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream			
CAESAR SALAD	x	\$2.50	
- with parmesan cheese and croutons dressing on the side			
TOSSED SALAD	x	\$2.50	
- ranch dressing on the side			
BEVERAGE			[hide]
BOTTLED WATER 500 ML	x	\$1.25	
CHOCOLATE MILK	x	\$2.50	
WHITE MILK		\$2.50	
PURE APPLE JUICE 300 ML		\$2.50	
PURE ORANGE JUICE 300 ML	X	\$2.50	
CHICKEN BURGERS	Wednesday Nove	mber 20th,	2019
ENTREE			[hide]
CHICKEN BURGER	x	\$3.75	
- lightly breaded chicken breast			
BUN: WHITE WHOLE WHEAT			
CHICKEN BURGER with cheese	x	\$4.00	
- lightly breaded chicken breast			
BUN: WHITE WHOLE WHEAT	_	<b>.</b>	
CHICKEN BURGER with cheese and bacon	x	\$4.25	
- lightly breaded chicken breast			
BUN: WHITE WHOLE WHEAT		<b>AF 0</b> F	
GRILLED CHICKEN BREAST BURGER	X	\$5.25	
- grilled chicken breast  BUN: WHITE WHOLE WHEAT GLUTEN FREE			
LETTUCE TOMATOES			
SALAD AND SIDES			[hide]
		<b>ΦΟ 7</b> Ε	[mde]
HOMEMADE POTATO CHIPS		\$2.75	
SIDE OF RANCH DIP		\$0.75	
FRESH FRUIT CUP	x	\$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added			
VEGGIES AND DIP	x	\$2.00	
- carrots, celery and snap peas with ranch dip		04.50	
CHICKEN CAESAR SALAD - ENTREE SIZE		\$4.50	
<ul> <li>romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dress</li> <li>side</li> </ul>	sing on the		
DELUXE GARDEN SALAD - ENTREE SIZE	x	\$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		¥=0	
CROUTONS: CROUTONS			
GREEK SALAD - ENTREE SIZE	x	\$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side			
APPLE CHICKEN SALAD - ENTREE SIZE	x	\$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	e		
BEEF TACO SALAD - ENTREE SIZE	x	\$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream			
CHICKEN TACO SALAD - ENTREE SIZE	x	\$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing			
VEGETARIAN TACO SALAD - ENTREE SIZE	x	\$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		<b>#0.50</b>	
CAESAR SALAD	X	\$2.50	
- with parmesan cheese and croutons dressing on the side		\$2.50	
TOSSED SALAD - ranch dressing on the side	x	ψ∠.∪∪	
BEVERAGE			[hide]
		<b>Ф4 О</b> Г	[muo]
BOTTLED WATER 500 ML		\$1.25	
CHOCOLATE MILK		\$2.50	
WHITE MILK	x	\$2.50	
PURE APPLE JUICE 300 ML	x	\$2.50	
PURE ORANGE JUICE 300 ML	x	\$2.50	

ENTREE		[hide]
PEROGIES (6)	x \$5.25	
- cheddar cheese and potato		
PEROGIES (6) and SAUSAGE	x \$6.50	
- cheddar cheese and potato perogies and ham garlic sausage		
SIDE OF SOUR CREAM	x \$0.75	
SIDE OF REAL BACON BITS	x \$1.00	
SALADS AND SIDES		[hide]
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip		
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the	Э	
DELLIVE CARREN CALAR, ENTREE CIZE		
DELUXE GARDEN SALAD - ENTREE SIZE  lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	x \$4.25	
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	Α Ψ1.20	
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	, , ,	
BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	_	
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD	x \$2.50	
with parmesan cheese and croutons dressing on the side		
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		[bido]
BEVERAGE		[hide]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
GRILLED CHEESE Fr	riday November 22	nd, 2019
ENTREE		[hide]
GRILLED CHEESE	x \$3.75	
texas bread		
BREAD: WHITE WHOLE WHEAT		
GRILLED CHEESE AND HAM	x \$4.00	
texas bread		
BREAD: WHITE WHOLE WHEAT		
SALADS AND SIDES		[hide]
TOMATO SOUP	x \$3.50	
- crackers on the side	_	
CHICKEN NOODLE SOUP	x \$3.50	
FRESH FRUIT CUP	x \$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added		
VEGGIES AND DIP	x \$2.00	
carrots, celery and snap peas with ranch dip	<u> </u>	
CHICKEN CAESAR SALAD - ENTREE SIZE  - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the	x \$4.50	
Side		
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	x \$4.25	
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	Λ ψτ.σσ	

BEEF TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	_
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	O 04.50
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	x \$4.50
CAESAR SALAD	x \$2.50
- with parmesan cheese and croutons dressing on the side	Α ψ2:30
TOSSED SALAD	x \$2.50
- ranch dressing on the side	Α ΨΕ.00
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
	x \$2.50
PURE APPLE JUICE 300 ML	X \$2.50
PIZZA LOAF/FISH TACO/BAKED POTATO	Monday November 25th, 2019
ENTREE	[hide]
BAKED PIZZA LOAF - PEPPERONI AND HAM	x \$4.25
- 6" sub bun with cheese, pizza sauce, pepperoni and ham BAKED	<del></del>
BUN: WHITE WHOLE WHEAT	
BAKED PIZZA LOAF - CHEESE	x \$4.00
- 6" sub bun with cheese, pizza sauce BAKED  BUN: WHITE WHOLE WHEAT	
FISH TACO	x \$4.00
- soft taco with lightly bread fish (salsa, tartar sauce, ranch available on the side)	χ ψ4.00
LETTUCE	
WRAP: WHITE WHOLE WHEAT	
LOADED ROASTED POTATOES	x \$4.00
- roasted potatoes topped with cheddar cheese and bacon sour cream on the side	
Green onion	
SALADS AND SIDES	[hide]
VEGGIES AND DIP	x \$2.00
- carrots, celery and snap peas with ranch dip	
FRESH FRUIT CUP	x \$3.25
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	
CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing side	x \$4.50 on the
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	Α ψη.20
CROUTONS: CROUTONS	
GREEK SALAD - ENTREE SIZE	x \$4.25
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	_
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	
BEEF TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	W \$4.50
CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x \$4.50
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	Αψσσ
CAESAR SALAD	x \$2.50
- with parmesan cheese and croutons dressing on the side	
TOSSED SALAD	x \$2.50
- ranch dressing on the side	
DESSERT	[hide]
ICE CREAM SUNDAE	x \$2.00
TOPPING: STRAWBERRY CHOCOLATE	
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
	, ΑΨ=.00

PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
SUBS & SOUP Tues	day November 26th, 201	9
ENTREE	[hic	
	x \$4.00	1
+AM AND CHEESE SUB - 6" mayo and mustard on the side	χ ψ4.00	
BUN: WHOLE WHEAT		
LETTUCE		
TURKEY AND CHEESE SUB	x \$4.00	
- 6" mayo and mustard on the side	, , , ,	
BUN: WHITE WHOLE WHEAT		
LETTUCE		
BLT SUB (TURKEY BACON, LETTUCE AND TOMATO)	x \$3.75	
- 6" mayo and mustard on the side		
BUN: WHITE WHOLE WHEAT		
LETTUCE		
ROAST BEEF AND CHEESE SUB	x \$4.00	
- 6" mayo and mustard on the side  BUN: WHITE WHOLE WHEAT		
BUN: WHITE WHOLE WHEAT		
SIDE OF FRESH TOMATO SLICES	x \$1.00	
SIDE OF CUCUMBER SLICES	x \$1.00	
MEATBALL SUB  - 6" sub with meatballs in tomato sauce and mozza cheese	x \$4.25	
BUN: WHITE BROWN		
SALADS AND SIDES	[hic	آماً
	_	icj
CHICKEN NOODLE SOUP	x \$3.50	
LOADED BAKED POTATO SOUP	x \$3.50	
- crackers on the side	#0.00	
VEGGIES AND DIP	x \$2.00	
- carrots, celery and snap peas with ranch dip	x \$3.25	
FRESH FRUIT CUP  - 8 oz - Fresh assorted fruit in bite size pieces no sugar added	X \$3.25	
CHICKEN CAESAR SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the	Α Ψ1.00	
side		
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side		
CROUTONS: CROUTONS		
GREEK SALAD - ENTREE SIZE	x \$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	O 4.50	
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	X \$4.50	
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	Α Ψ1.00	
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50	
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream		
CAESAR SALAD	x \$2.50	
- with parmesan cheese and croutons dressing on the side		
TOSSED SALAD	x \$2.50	
- ranch dressing on the side		
BEVERAGE	[hic	le]
BOTTLED WATER 500 ML	x \$1.25	
CHOCOLATE MILK	x \$2.50	
WHITE MILK	x \$2.50	
PURE APPLE JUICE 300 ML	x \$2.50	
PURE ORANGE JUICE 300 ML	x \$2.50	
FURL ORANGE JUICE JUI MIL	Λ φ2.50	

MAC AND CHEESE	x \$5.25
CHICKEN ALFREDO	x \$5.25
MAC AND TREES	x \$5.25
- mac and cheese with steamed broccoli	
SALADS AND SIDES	[hide]
GARLIC TOAST	x \$1.75
VEGGIES AND DIP	x \$2.00
- carrots, celery and snap peas with ranch dip	
FRESH FRUIT CUP	x \$3.25
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	~ v ¢4 50
CHICKEN CAESAR SALAD - ENTREE SIZE - romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing	x \$4.50
side	, on the
DELUXE GARDEN SALAD - ENTREE SIZE	x \$4.25
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	
CROUTONS: CROUTONS	_
GREEK SALAD - ENTREE SIZE	x \$4.25
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	<u> </u>
APPLE CHICKEN SALAD - ENTREE SIZE	x \$4.50
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	x \$4.50
BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream	Χ φ4.30
CHICKEN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	Αψσσ
VEGETARIAN TACO SALAD - ENTREE SIZE	x \$4.50
- lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	
TOSSED SALAD	x \$2.50
- ranch dressing on the side	
CAESAR SALAD	x \$2.50
- with parmesan cheese and croutons dressing on the side	
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
WRAPS	Thursday November 28th, 2019
ENTREE	[hide]
BUFFALO CHICKN RANCH WRAP	x \$4.25
- buffalo (mild) chicken, cheddar cheese, bacon and ranch	
LETTUCE	
WRAP: WHITE WHOLE WHEAT	
CLUB WRAP	x \$4.25
- crispy chicken, cheddar cheese, bacon mayo and mustard on the side  LETTUCE	
WRAP: WHITE WHOLE WHEAT	
SIDE OF CUCUMBER SLICES	x \$1.00
SIDE OF FRESH TOMATO SLICES	x \$1.00
TERIYAKI CHICKEN WRAP	x \$4.25
- teriyaki chicken, romaine lettuce, shredded carrots, shredded cucumbers, rice and teriyaki sauce	Α φτ.23
WRAP: WHOLE WHEAT	
CHICKEN CAESAR WRAP	x \$4.25
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and chicken	
WRAP: WHITE WHOLE WHEAT	_
DONAIR WRAP	x \$4.25
- donair meat, mozza cheese, donair sauce	
□ LETTUCE □ TOMATOES  WRAP: □ WHITE □ WHOLE WHEAT	
GREEK CHICKEN WRAP	x \$4.25
- seasoned chicken, romaine lettuce, tomatoes, cucumbers, feta cheese and tzatziki sauce	Α φτ.25
WRAP: WHOLE WHEAT	
SALADS AND SIDES	[hide]
SALADS AND SIDES CHICKEN NOODLE SOUP	[hide] x \$3.50

VEGGIES AND DIP	x	\$2.00	
- carrots, celery and snap peas with ranch dip  FRESH FRUIT CUP		\$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	_ ^	ψ3.23	
CHICKEN CAESAR SALAD - ENTREE SIZE	Пх	\$4.50	
- romaine lettuce, caesar dressing, parmesan cheese, bacon bits and roasted chicken CROUTONS ON THE SIDE dressing on the	•		
side			
DELUXE GARDEN SALAD - ENTREE SIZE	x	\$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side  CROUTONS: CROUTONS			
APPLE CHICKEN SALAD - ENTREE SIZE		\$4.50	
- romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	^	ψ+.50	
GREEK SALAD - ENTREE SIZE	x	\$4.25	
- romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side			
BEEF TACO SALAD - ENTREE SIZE	x	\$4.50	
- lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream			
CHICKEN TACO SALAD - ENTREE SIZE	x	\$4.50	
- lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing		¢4 50	
VEGETARIAN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned veggie ground, cheese - choice of salsa and sour cream	x	\$4.50	
TOSSED SALAD	x	\$2.50	
- ranch dressing on the side	^	, <b></b>	
CAESAR SALAD	x	\$2.50	
- with parmesan cheese and croutons dressing on the side			
BEVERAGE		[hide]	
BOTTLED WATER 500 ML	x	\$1.25	
CHOCOLATE MILK	x	\$2.50	
WHITE MILK	x	\$2.50	
PURE APPLE JUICE 300 ML		\$2.50	
PURE ORANGE JUICE 300 ML		\$2.50	
BURGERS	riday Nove	mber 29th, 2019	
ENTREE		[hide]	
HAMBURGER	x	\$3.75	
BUN: WHOLE WHEAT WHITE			
CHEESEBURGER	x	\$4.00	
BUN: WHITE WHOLE WHEAT	_		
BACON CHEESEBURGER	x	\$4.25	
BUN: WHITE WHOLE WHEAT			
GRILLED CHICKEN BREAST BURGER	X	\$5.25	
- grilled chicken breast  BUN: WHITE WHOLE WHEAT GLUTEN FREE			
LETTUCE TOMATOES			
SALADS AND SIDES		[hide]	
FRESH FRUIT CUP	_ v	\$3.25	
- 8 oz - Fresh assorted fruit in bite size pieces no sugar added	^	ψ0.20	
VEGGIES AND DIP	x	\$2.00	
- carrots, celery and snap peas with ranch dip			
CHICKEN CAESAR SALAD - ENTREE SIZE	x	\$4.50	
$- \   romaine lettuce, caesar dressing, parmes an cheese, bacon bits and roasted chicken CROUTONS \ ON \ THE \ SIDE \ dressing on \ the lettuce of the $	e		
side			
DELUXE GARDEN SALAD - ENTREE SIZE			
letting about ded country about ded about about a process of the country of description of the city	x	\$4.25	
- lettuce, shredded carrots, shredded cheddar cheese, cucumbers, baby tomatoes Choice of dressing on the side	x	\$4.25	
CROUTONS: CROUTONS			
		\$4.25 \$4.25	
CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE	x		
CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side	x	\$4.25	
CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE	x	\$4.25	
CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side	x	\$4.25 \$4.50	
CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE	x x	\$4.25 \$4.50	
CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x x x	\$4.25 \$4.50 \$4.50 \$4.50	
CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing  VEGETARIAN TACO SALAD - ENTREE SIZE	x x x	\$4.25 \$4.50 \$4.50	
CROUTONS: CROUTONS  GREEK SALAD - ENTREE SIZE  - romaine lettuce, baby tomatoes, cucumbers, feta cheese Greek Dressing dressing on the side  APPLE CHICKEN SALAD - ENTREE SIZE  - romaine lettuce, apples, cucumbers, dried canberries, feta cheese, bacon bits and roasted chicken dressing on the side  BEEF TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned ground beef, cheese - choice of salas and sour cream  CHICKEN TACO SALAD - ENTREE SIZE  - lettuce, whole grain chips, seasoned chicken, cheese - choice of salas and sour cream or ranch dressing	x x x	\$4.25 \$4.50 \$4.50 \$4.50	

- with parmesan cheese and croutons dressing on the side	
TOSSED SALAD	x \$2.50
- ranch dressing on the side	
BEVERAGE	[hide]
BOTTLED WATER 500 ML	x \$1.25
CHOCOLATE MILK	x \$2.50
WHITE MILK	x \$2.50
PURE APPLE JUICE 300 ML	x \$2.50
PURE ORANGE JUICE 300 ML	x \$2.50
	Order Total:
Place Order & Proceed Cancel Changes	

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